When making a journey to find safety there’s some things that are important to remember to keep yourself safe...

**Before travelling**

- Communicate your intended route to family members
- Take a picture of your passport and send it to your family
- Set-up a buddy system to monitor and help each other
- Not everyone can be trusted
- Be careful of offers that are too good to be true
- The emergency number in the European Union is 112

**When travelling**

- Use public transport where possible
- Try to travel in a group
- Keep family informed about your journey and location
- Use a buddy system to monitor and help each other
- If you get in a vehicle, ask permission to take a photo of the driver’s license and car’s plate and send this to your family or your buddy
- If something seems suspicious, follow your instinct and trust yourself
- Agree to a code word with your buddy and family, so you can secretly alert them if you are scared
- If you are feeling unsafe, seek support from the Red Cross, another aid organization or the authorities
- If in danger, call the emergency number in the European Union – 112