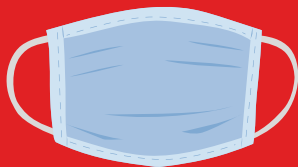


INFORMATION FOR THE USE OF MASKS



To protect yourself, to protect others and to break the chain of contamination. Masks comply precisely with the health regulations.



Respect the protective measures! Masks are to be used alongside frequent handwashing with water and soap or with hand sanitiser and with continued respect of social distancing.

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GENERAL PUBLIC USAGE GUIDELINES

TO PUT ON AND TAKE OFF A SINGLE USE SURGICAL MASK

TO BE CHANGED every 4 hours or as soon as the mask is damp



1 WASH
YOUR HANDS WITH WATER AND SOAP, OR WITH THE HELP OF HAND SANITISER FOR AT LEAST 20 SECONDS



6 DON'T TOUCH
YOUR MASK ONCE ADJUSTED



2 CHECK THE CONDITION
OF YOUR MASK, THERE MUST BE NO DAMAGE, HOLES, OR TEARS.



7 WASH YOUR HANDS
BEFORE AND AFTER EACH MOVEMENT IN CASE OF IRRITATION OR LIFTING



3 CHECK IT'S THE RIGHT WAY ROUND : THE METALLIC BAR MUST BE AT THE TOP, TO FIT WITH THE TOP OF YOUR NOSE AND WITH THE COLOURED PART, OR PART MARKED EXTERNAL, TO THE OUTSIDE



8 TAKE IT OFF
BY HOLDING IT BY THE FASTENINGS AND OR THE EDGES : DON'T TOUCH THE PART THAT COVERED YOUR MOUTH AND YOUR NOSE, BECAUSE IT COULD BE CONTAMINATED



4 PUT YOUR MASK
ON YOUR FACE: HOLD IT BY THE FASTNERS OR THE ELASTICS AND COVER YOUR ENTIRE FACE, YOUR MOUTH AND YOUR CHIN



9 THROW IT AWAY:
IT IS DESIGNED TO BE USED ONLY ONCE



5 ADJUST THE STRAP
FOR THE NOSE USING YOUR INDEX FINGER AND YOUR THUMB TO PINCH THE RIGID PART AT THE TOP OF THE MASK AND MOULD IT AROUND THE TOP OF YOUR NOSE



10 WASH YOUR HANDS
ONCE AGAIN: TO BE SURE THAT THEY ARE CLEAN AND THAT YOU HAVEN'T CONTAMINATED THEM BY TOUCHING YOUR MASK

REMEMBER...

- A mask is not to be shared, it is for personal use.
- Wearing a mask is not a substitute for the protective measures: washing hands very regularly and social distancing (at least a metre between each person).